The Leslie Simon Breast Care and Cytodiagnosis Center was launched in 1991 and designated by Congress in 1994 as a model for breast cancer diagnosis and management. The Center was acknowledged in 2000 for detecting tumors half the size of those detected at 95 percent of all other institutions in the country. The new High Risk Breast Cancer Program is a natural outgrowth of our nationally and internationally acclaimed service.

Englewood’s Breast Care and Cytodiagnosis Center has been designated an ACR Breast Imaging Center of Excellence by the American College of Radiology (ACR). Peer-review evaluations, conducted in each breast imaging modality by board-certified physicians and medical physicists who are experts in the field, have determined that we have achieved high practice standards in image quality, personnel qualifications, facility equipment, quality control procedures, and quality assurance programs.

Emotional Support
Understanding the concerns that patients and their families face, and their need for information, the Breast Care Center provides expert guidance and care coordination with the Medical Center’s social workers. In addition, there are support programs for women diagnosed with breast cancer.

Confidentiality
All family and medical history information is confidential. We will not release this information without the patient’s written consent.

The Leslie Simon Breast Care and Cytodiagnosis Center is an international training site that teaches Englewood’s approach to patient care to physicians from around the world. In 2004, the center was relocated to the new, state-of-the-art 90,000-square-foot outpatient pavilion, The Russell and Angelica Berrie Center for Humanistic Care. In 2007, The Kennedy Funding Invitational, a professional tennis tournament whose charitable cause is the fight against breast cancer, pledged two million dollars to our Breast Care Center. To acknowledge this exceptionally generous gift, the center was named in memory of Leslie Simon, who lost her seven-year battle with breast cancer in January 2006. Leslie was a patient at the Medical Center and a member of its extended family. The tournament is dedicated to her.

APPOINTMENTS
Appointments can be made by a woman or her referring physician with the patient’s consent. With the patient’s consent, the High Risk Breast Cancer Program will provide family physicians with up-to-date patient information. All high risk patients will meet with our Health Risk Assessment Analyst.

For all appointments please call 201.894.3202

The Leslie Simon Breast Care and Cytodiagnosis Center at Englewood Hospital and Medical Center

350 Engle Street
Englewood, New Jersey 07631
englewoodhospital.com
EARLY DIAGNOSIS IS THE KEY TO THE MOST SUCCESSFUL TREATMENT

What is the High Risk Breast Cancer Program?
The High Risk Breast Cancer Program is a comprehensive program for women at increased risk to develop breast cancer. Our team of breast care specialists can provide you and your family members with:

• Breast cancer risk assessment
• A breast exam by a breast care specialist
• Genetic counseling and testing
• A personalized screening and prevention plan

WHO IS AT RISK?

Personal and Family History of Cancer:

• Having a mother, sister or daughter diagnosed with breast cancer, particularly before menopause
• Two or more close relatives, such as aunts, grandmothers or cousins, diagnosed with breast cancer, especially at a young age
• Diagnosis of ovarian cancer in multiple family members
• Combination of breast and ovarian cancer occurring on the same side of the family
• Breast cancer diagnosed in a male relative
• A previous diagnosis of breast or ovarian cancer
• History of breast biopsy showing atypical hyperplasia or lobular carcinoma in-situ (LCIS)

GENETIC COUNSELING AND TESTING

Although most breast cancers occur in women who do not have a strong family history of breast cancer, about 5-10% are hereditary. Researchers have identified several genes that increase a person’s risk of developing breast and ovarian cancer. These breast-ovarian predisposition genes, known as BRCA genes, can be inherited from the mother’s or father’s side.

Based on your family history of cancer, the option of genetic counseling and testing will be provided. You will meet with our genetic counselor to discuss your family history of cancer, to learn about hereditary breast cancer, and to discuss the option of genetic testing.

RISK ASSESSMENT

Upon enrollment in the program, you will be asked to complete a detailed questionnaire containing questions about your family history and prior medical history. You may enter the high risk program and have your risk assessed even if you already come to the Breast Care Center for routine mammograms. The information will be reviewed by our risk assessment team to determine if you are at increased risk of developing breast cancer. Our breast care team includes breast surgeons, radiologists, pathologists, oncologists, radiation oncologists, nurse practitioners, a genetic counselor, and a research oncology nurse.

If you are determined to be at increased risk for breast cancer, you will meet with a member of our risk assessment team to help you understand how various factors influence your risk and to discuss your options for screening and prevention. You will also receive a breast exam by a breast specialist.

SCREENING AND TECHNIQUES

Our breast care specialist will discuss your options for cancer screening and prevention. High-risk surveillance may include screening or diagnostic techniques such as:

Mammogram, Ultrasound and Breast MRI: imaging techniques used to detect breast cancer at an early stage.

Clinical Breast Exam: a thorough physical examination of the breast by a health care specialist.

Digital Mammography: The Breast Care Center at Englewood Hospital and Medical Center has the Lorad Selenia FFd Digital Mammography System. This technology is the most advanced screening and diagnostic tool approved by the FDA for the detection of breast cancer.

Fine Needle Aspiration (FNA): If a lump is found with any of the techniques above, fluid or cells will be withdrawn from the breast lump. The specimen is examined microscopically to look for abnormal cells.

MANAGEMENT OF HIGH RISK PATIENTS

Women with a family history of breast or ovarian cancer face an increased risk of the disease. If you have a family history of cancer, we urge you to consult with our High Risk Manager, who will set up a program that may include a yearly mammogram, ultrasound and breast MRI. In addition to monthly breast self-examinations, patients are recommended to have clinical breast exams every 3-4 months. To check for hereditary breast cancer, a BRCA genetic analysis may also be recommended.